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| **Scientific program OACON 2019**  **03.08.19** | | |
| **Session 1** | | |
| Chairpersons |  | |
| Rapporteur |  | |
| 9.30 AM- 9.50 AM | Burden of Osteoarthritis in India | Dr. Pradyot Sinha Mahapatra |
| 9.50 AM- 10.10 AM | Predicting and preventing OA | Dr. Shabbir Chikani |
| **10.10 AM- 10.50 AM** | Osteoarthritis- Genetics and Epigenetics; Bench to Bedside | Prof John Loughlin |
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| 10.50 -11.00 AM **Inauguration of OACON 2019** | | |
| Chairpersons | | |
| 11.00-11.30 AM | Presidential oration. | Prof .SK Das |
| **11.30- 11.45 AM** **Tea break** | | |
| **Session 2** | | |
| Chairpersons |  | |
| Rapporteur |  | |
| 11.45-12.15 | Ageing and Osteoarhtitis ( Is it inevitable? Is it possible age without OA?) | Prof A B Dey |
| 12.15-12.45 | Obesity & Osteoarthritis- What is the link? | Dr.Tejal Lathia |
| **12.45—1.00** | Biomechanical factors in OA | Prof R N Haldar |
| **1.00- 1.20 PM** | Crystals and Osteoarthritis- Is it crystal clear? | Prof Binoy Paul |
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| **1.20- 2.00 PM Lunch Break** | | |
| **Session 3** | | |
| Chairpersons |  |  |
| Rapporteur |  |  |
| 2.00- 2.30 PM | Cartilage regeneration- Myth or reality | Prof Dhirendra S. Katti |
| 2.30- 2.50 PM | Bone as a target for OA therapy ( Including Bisphosphonates) | Dr. Brig Bhakuni DS |
| **2.50—3.30 PM** | New approaches for harnessing metalloproteinase inhibitors for OA treatment | Prof Linda Troeberg |
| **Session 4** | | |
| Chairpersons |  |  |
| Rapporteur |  |  |
| 3.30 PM- 3.50 PM | Hand OA- More than handful | Dr. Pooja Dhaon |
| 3.50- 4.20 PM | Osteoarthritis of Spine- How  is it different from OA elsewhere? | Dr. Raghava Mulukutla |
| **4.20- 5.00 PM** | What has modern imaging taught us about OA? | Prof Philip Conaghan |
| **5.00 – 6.00 PM GBM of SOAR** | | |
| **6.00- 7.00 PM GBM of IRA- Karnataka** | | |
| **7.00 PM--------9.00 PM Gala Dinner** | | |
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| **Scientific program OACON 2019**  **04.08.19** | | |
| **Session 5** | | |
| Chairpersons |  | |
| Rapporteur |  | |
| Timing | Topic | Speaker |
| 8.00 AM- 9.00 AM | Open House/ Meet the professors |  |
| 9.00 – 9.30 AM | Pain Mechanisms in Osteoarthritis & It's application in clinic | Dr. Sadasivan Iyer |
| 9.30- 10.00 AM | Osteoarthritis- When will I offer TKR? Choosing the right patient | Prof Rajesh Malhotra |
| **10.00- 10.40 AM** | Osteoarthritis- Role of Physical therapy and Self-management | Dr. Thorlene Egerton |
| 10.40-11.30 AM **Debate. Who Should treat OA? Physicians or Orthopaedic surgeons ?**  **Chairpersons:**  **Debators. Prof Rohini Handa Vs Prof Kiran Acharya** | | |
| **Session 6** |  |  |
| Chairpersons |  |  |
| Rapporteur |  |  |
| 11.30-11.50 AM | How do I treat OA | Dr. Arulraj Murugan |
| 11.50-12.05 Noon | Hyaluronic acid in OA | Lt general Dr.Ved Chaturvedi |
| **12.00- 12.45 PM** | Treatment of OA: current and therapies in development | Prof Philip Conaghan |
| **12.45-12.55 PM** | Platelet Rich Plasma in OA | Dr Soumen kumar dey |
| **12.55- 1.05 PM ??** | Genecular nerve block and ablation | Dr Subhodeep Botoba |
| 1.05 – 1. 20 PM | Premature OA. What does it teach us? | Dr. P D Rath |
| 1.20 PM- 1.30 | Yoga and OA | Dr. Prem V |
| 1.30-145 PM | Is there a treasure in Ayurveda waiting to be discovered? | Prof Bipin G Nair |
| 1.45-2.00 PM **Conclusion/ Closing ceremony** | | |
| 2.00 – 2.30 PM **Lunch/ Dispersal** | | |
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